

**S**

## Safe Environment

Please tell the hospital staff if you have any safety concerns

**A**

## Avoid Falls and Infections

- Be aware of slips and trips
- Clean hands protect lives, please wash your hands

**F**

## Family, Friends and Caregivers are important

They can help to listen and ask questions when you talk with your health care team

**E**

## Everyone needs to be identified

- We will ask you to tell us your name and date of birth
- All staff wear an ID badge

**T**

## Tell us about your health

Don't forget to include your current medications, symptoms and allergies

**Y**

## Your next steps

Ask your health care team about what you need to know and do when you go home

