PLEASE NOTE:

- Children whose parents are having an examination WILL NOT be allowed into the exam room **PLEASE MAKE THE NECESSARY BABYSITTING ARRANGEMENT**S.

Please arrive 30 minutes prior to your scheduled appointment time for registration and changing if required.

- If you cannot keep your appointment, please telephone us immediately.
- If requesting a copy of an exam, please call 24 hours prior to pick-up.

PREPARATIONS AND INSTRUCTIONS:

OBSTETRICAL & PELVIC ULTRASOUND:

- 1. 2 hours prior to your exam empty your bladder and drink 4 FULL 8-ounce glasses of water.
- 2. Finish drinking the water 1 hour prior to your exam. <u>DO NOT</u> empty your bladder before your exam.
- 3. If the pressure on your bladder becomes unbearable, you can release the equivalent of 1 cup of fluid.
- 4. During the final 8 weeks of pregnancy, you need to drink only 2 full 8-ounce glasses of water.

<u>ABDOMINAL ULTRASOUND</u>: i.e. Liver, Spleen, Gallbladder, Pancreas, Aorta, etc.</u>

- 1. Nothing by mouth for 12 hours prior to your examination <u>ABSOLUTELY</u> no smoking and no chewing gum.
- 2. If you have essential medication that must be taken, a small amount of water is permitted.
- 3. <u>**For insulin dependent diabetics ONLY**</u>
 - If you are asked to miss breakfast, take 1/2 your normal dose of insulin
 - If you must miss any other meal, contact your doctor for further instructions
 - After the exam resume your usual diet and insulin routine

□ <u>ABDOMINAL/PELVIC ULTRASOUND:</u>

- 1. Nothing by mouth except CLEAR FLUIDS for 12 hours prior to exam <u>ABSOLUTELY</u> no smoking and no chewing gum.
- 2. 2 hours prior to your exam empty your bladder and drink 4 FULL 8-ounce glasses of water.
- 3. Finish drinking the water 1 hour prior to your exam. <u>DO NOT</u> empty your bladder before your exam.

<u>RENAL (KIDNEY) ULTRASOUND</u>

1 hour prior to exam, DRINK at least 4 FULL 8-ounce glasses of water. Eat normally.

		HEADWATERS
Patient Name (REQUIRED)		Health Care Centre
D.O.B		ULTRASOUND REQUISITION
		100 Rolling Hills Drive, Orangeville ON L9W 4X9
Address		Phone: 519-941-2410 Fax: 519-941-7726
		Mon-Fri: 7:00am – 7:45pm
Phone # HC #		Sat-Sun: 8:00am – 12:00pm & 12:45 – 3:45pm
BY APPOINTMENT ONLY		
Without this SIGNED requisition your exam CANNOT be performed. Please bring your Ontario Health Card.		
Please arrive 30 minutes prior to exam time. Late patients may be required to reschedule exams. INCOMPLETE REQUESTS WILL BE RETURNED, RESULTING IN A DELAY OF BOOKING		
Clinical Information (REQUIRED)		
Urgent Report Needed: Direct Phone Number Required:		
OB/GYNE: (OB-please include all previous reports)	 Thyroid/Parathyroid Neck 	 Abdomen Complete Include Lt & Rt lower quadrants
\square OB - Before 16 weeks	□ Neck □ Salivary Glands	 Include Lt & Rt lower quadrants Abdomen Limited: (specify below)
□ OB – eFTS		
(please include Trillium Health Partners	(If Mammo is also required, please us	
bloodwork form) OB - Anatomy scan (18-20w)	Soft tissue/Mass	Kidneys & Bladder
\Box OB - BPP only	Specify:	AAA
□ OB - > 28 weeks	🗆 Hernia:	Liver only
Female Pelvis	Specify Location:	Portal Doppler (includes Liver & Spleen
(include Transvaginal, unless contraindicated)	□ Other:	
Infant: (Less than 1 yr old)	Specify:	Appendix (Includes GB/CBD/RK/Complete Pelvis)
		□ Male Pelvis
□ Spine		Scrotum
Pyloric Stenosis		
Vascular Doppler		
,		
Leg Artery		
 Renal Arteries Carotid and Vertebral 		
		Specify:
Musculoskeletal		
🗆 Adult Hip 🗌] Shoulder 🛛 L 🗆 R
□ Knee □] Elbow 🛛 L 🗆 R
□ Ankle □] Wrist 🛛 L 🗆 R
Foot		Other specify:
Ordering Physician: (Print Name)		Billing #:
Ordering Physician Signature:		
Date:		CC:
Office Phone Number: (Required)		
Please refer to the preparation instructions sheet for the appropriate exam		